

650-LIFESTYLES

Catalogue #	Title	Author	Publisher	Index Field	Year	Pages	Genre	Description
650.01	I Need to Get Organized!	Claudine G. Wirths & Mary Bowman-Kruhm	J. Weston Walch	Lifestyle	1993	59	ISBN 0-8251-23933	
650.03	The Body Silent	Robert F. Murphy	W.W. Norton & Company Inc	Living with a Disability	1990	242	ISBN 0-393-30702-6	Living with a Disability
650.04	You May Be Able to Adopt	Linda Barker, Megan Kirshbaum, Susan Haight-Liotta	Through the Looking Glass		1997	115		
650.05	Building Equal Partnerships		Kingston Independent Living Centre	Lifestyle	1995	182		
650.07	Design Without Limits- Designing & Sewing for Special Needs	M. Dolores Quinn & Renee Weiss Chase	Drexel University	Clothing	1990	96	ISBN 0-925323-00-4	Clothing for individuals with disabilities
650.08	Taking Charge	Kriegsman, Kay & Zaslow, Elinor L. & D'Zmurarechsteiner, Jen	Woodbine House	Teens Talk Out	1992	164	ISBN 0-933149-468	Teenagers talk about Life & Disabilities
650.09	Sharing the Vision	Kathy Troyer & Fran Marinicjaffer	Tribune Printing & Publishing Inc.	Intergration	1991	64	ISBN 1-895545-005	Help Book for Parents re: Community Integration
650.10	A Helpbook for the Physically Disabled	Hoffa, HeyInn & Morgan, Gary	Pharos Books	Helpbook	1990	309	ISBN 0-886874807	Helpbook and Awareness Book for the Disabled
650.11	Chances and Choices	Deborah Fullwood	Paulh Brookes Publishing Co.	Community Integration	1990	178	ISBN 1-557660557	Integration of the Disabled into Community
650.13	The Source Book for the Disabled	Hale, Gloria	Paddington Press Limited	Independent Living	1979	288	ISBN 0-448-224291	Guide to Independent Living Disabled/Families
650.14	How to Get Services by Being Assertive	Des Jardins, Charlotte	Family Resource Center on	Being Assertive	1993	208		For Parents of Children with Disabilities
650.15	How it Feels to Fight for Your Life	Krementz, Jill	Simon & Schuster	Fighting for Your Life	1989	131	ISBN 0671-72824-5	Stories of 14 Children w/Chronic Illness

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650.16	All By Self	Jacoby, Jay	Light On	All by Self	1993	66		Father's Story about a Differently-able Child
650.17	How it Feels to Live with a Physical Disability	Krementz, Jill	Simon & Schuster	Living with a Disability	1992	176	ISBN 0-671-723715	Stories about Children who live w/Disability
650.18	Growing up OK	Ministry of Health	Government of Ontario	Growing Up OK	1987	22	ISBN 0-7729-1058	Physical, Social & Emotion Changes at Puberty
650.19	Adolescent and Young Adult Programme	Erinoak	Erinoak		1993	16		Programme for Young Adult & Adolescents
650.20	Drug Safety	The Kinette Club of Cayuga	The Kinette Club of Cayuga	Drug Safety	1993	126		Booklet on Drugs
650.21	Living in the State of Stuck	Scherer, Marcia J.	Brookline Books	Impact of Technology	1993	190	ISBN 0-914797-840	How Technology Impacts the Lives of Disabled
650.22	Teen Esteem	Palmer, Pat	Impact Publishers	Teen Esteem	1989	111	ISBN 0-915166-666	Self-Direction Manual for Young Adults
650.23	Taking Charge of Your Life	Center For Independent Living, Inc. & Closer Look	Parent's Camp. for Hand. Chil. & Youth	Teens Independence	1981	23		Guide to Independence for Teens with Phy.Disabil.
650.24	Spinal Network	Sam Maddox	Spinal Network	Resources	1993	560	ISBN 0-943489-032	Total Wheelchair Book Resources
650.25	Beyond Rage	Joann Lemaistre, Ph.D	Alpine Guilt Book	Health Changes	1985	207	ISBN 0-931712-114	Guide to Mastering Unavoidable Health Changes
650.26	I Can Do It! I Can Do It!	La Britta Gilbert	Gyphon House, Inc.	Independent Learn. Activ.	1984	167	ISBN 0-876591071	Independent Learning Activities for Children
650.27	Chairs and Children	Sandie Waddell	Advocate Printer, Rotorua	Parenting from a Chair	1992	129	ISBN 0-908992-017	Parenting from a Wheelchair
650.28	You Deserve to be Safe	Lorna Renooy	Disabled Women's		1993	19		Guide for Girls with Disabilities
650.29	Easy for You to Say	Miriam Kaufman, M.D.	Key Porter Books	Teens with Disabilities	1995	292	ISBN 1-550136194	Q&A for Teens Living with

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650.30	Honouring Diversity	Madeleine Greey	Centennial Infant and Child	Info. for Infant Workers	1994	72	ISBN 0-969836406	Infant Workers in Ethnic Homes
650.31	Taking Charge - Overcoming the Challenges of Long-Term Illness	Irene Pollin & Susan K. Golant	Times Books, Division of Random House	Lifestyles	1994	262	ISBN 0-8129-22581	Overcoming Disability Challenges
650.32	Ideas for Kids on the Go	Lynn Winston	Accent Special Publications	Active Kids	1984	69	ISBN 0-915708-17-5	Ideas for Kids
650.33	Aging with a Disability	Robert B. Trieschmann, Ph.D.	Demos Publications	Aging	1987	148	ISBN 0-939957-01-9	Aging with a Disability
650.34	Bridge to Integration	Disabled Persons Community Resources		Integration	1995	32		Linking Disabled Persons with Community
650.35	Help Yourself! Hints from Persons with Disabilities	Human Resources Development Canada	Minister of Supply & Services	Helpful Hints	1994	132	ISBN 0-662-227484	Helpful Hints on Every Day Living
650.36	Aids to Independent Living	Government of Canada	Minister of Human	Living with a Disability	1994	125		Aids to break down Barriers
650.37	Becoming the Me I Want to Be	Pat Hardin	Spina Bifida Association of Kentucky		1995	55		Guide for Youth & Parents on Independence
650.38	Building Skills: A Guide for Parents and Professionals	Gayle Brown	Spina Bifida Association of Kentucky		1995	113		Guide for Parents & Pro's Dealing with SB Kids
650.39	Making Choices: A Journal/Workbook for Teens and Young Adults	Stephanie Denniston & Connie Enlow	Spina Bifida Association of Kentucky		1995	86		Journal helps make Choices for Teens with SB
650.40	Natural Supports in School, at Work and in Community For the Disabled	Jan Nisbet	Paul H. Brooks Publishing Co.	Natural Supports	1992	362	ISBN 1-557661014	Support for Disabled at School, Work &
650.41	Reach for the Dream: Developing Individual Service Plans	Dale Dileo	Training Resource Network	Service Plans	1994	53	ISBN 1-883302-013	Service Plans for Persons with Disabilities
650.42	Change Your Life and Everyone In It	Michele Weiner-Davis	Fireside	Self-Help	1995	270	ISBN 0-671-867555	Self-Help Book
650.43	Steps to Access Social Services	Susan D. Wheeler	Surren Publishing &	Social Services	1994	208	ISBN 0-969313128	How to Manual on Social Services

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650.44	Making Friends	Wanda Taylor	Roeher Institute	Relationships	1990	95	ISBN 0-920121-896	How to Make Lasting Relationships
650.45	Living Your Own Life: A Handbook for Teenagers	Nicole Roberts	Pacer Center Inc.	Young Adults	1993	92	GRANT#MCJ-275066-010	Handbook for Teens by Young Adults
650.46	A Way Out: Women with Disabilities and Smoking	Monika Chappell	Dawn Canada	Health	1997	69	ISBN 0-662-254244	Health & Smoking Issues for Disabled Women
650.47	Taking Charge: Master Eight Common Fears of Long - Term Illness	Irene Pollin & Susan K. Golant	Times Books, Division of Random House	Long-Term Illness	1994	262	ISBN 0-8129-27001	Mastering Fears of Long-Term Illness
650.48	A Way with Words: Guidelines and Appropriate Terminology	Office For Disability Issues	Human Resources Development	Language Terminology	1996	13		Terminology for Portrayal of Persons
650.49	Laugh with Accent	Accent	Cheever Publishing	Anecdotes	1996	22	ISBN 0-915708-469	Cartoons & Sayings to Make
650.50	How to Live Longer with a Disability	Elle Friedman Becker, M.A. & Robert Mauro	Cheever Publishing		1994	266	ISBN 0-915708-388	
650.51	Flatter Your Figure	Jan Larkey	Fireside, Simon & Schuster	Clothing	1991	102	ISBN 0-671-762966	Transform Your Figure with What You Wear
650.52	Violence Against Women with Disabilities	Judith Moses	Kingston Independent Living Resource	Abuse	1998	41		Guidelines for Service Providers Against Violence
650.53	Preconceptional Health: More Than a Healthy Lifestyle	Haldimand-Norfolk Regional Health Department	Health Promotion Division	Report	1997	200	ISBN	Conference Summary on Healthy Lifestyle
650.54	So Far: Words from Learners	Jean Bennett, Richard Jaccoma & Lee Weinstein	Fitzhenry & Whiteside	Overcoming Barriers	1997	81	ISBN 1-550412035	Dealing with Struggle to Overcome Stereotypes
650.55	Awakening to Disability: Nothing About Us Without Us	Karen G. Stone	Volcano Press, Inc.		1997	271	ISBN 1-884244-149	
650.56	Steps to Self-Determination: Student Activity Book	Sharon Field and Alan Hoffman	Proed, Inc.	Independence	1996	96		Activity Book for Students to Work on Self

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650.57	Steps to Self-Determination: Instructor's Guide and Scale	Sharon Field and Alan Hoffman	Proed, Inc.	Independence	1996	244		Instructor's Guide to Promote Self-Determination
650.58	Another Path to My Garden: My Life as a Quadriplegic	Marilyn Noell	Dundurn Press	Independence	1992	195	ISBN 1-550021699	Personal Account of Life as
650.59	Stop the Abuse: A Prevention Handbook for Young People	Youth Participants of Youth, Disability & Abuse Prevention	Canadian Association of Independent	Abuse Prevention	1995	32	ISBN 1-895970-083	Prevention Handbook for Youth with
650.60	Harm's Way-The Many Faces of Violence & Abuse Against Persons with Disabilities	Roeher Institute	Roeher Institute	Abuse	1995	262	ISBN 1-895070-56-2	Violence & Abuse against People with Disabilities
650.61	Staysafe: Your Guide to Coping with Difficult Situations	Anita Ganeri	Health Education	Coping	1994	48	ISBN 1-854489623	Safety Guide
650.63	Courage after Coma: A Family's Journey	Mufty Mathewson	Uneek Experience Ltd.	Personal Story	1997	214	ISBN 0-968222102	Personal Story of Life after Coma
650.64	Dressing for Independence	Jean Pompelli	Wings Way Press	Adapting Clothing	1998	124	ISBN 0-965719774	Adapting Clothing for Disabled
650.65(A)	Advocacy: The Process	Anne Morrison, Geri Paterson, Dianne Pendray & Don Hunter	Active Living Alliance	Advocacy	1998	28		Three Booklet Package on Advocacy Issues
650.65(B)	Advocacy in Action	Anne Morrison, Geri Paterson, Dianne Pendray & Don Hunter	Active Living Alliance	Advocacy	1998	10		Second Booklet on Advocacy Issues
650.65(C)	Advocacy Addendum: Accompanying Worksheets	Anne Morrison, Geri Paterson, Dianne Pendray & Don Hunter	Active Living Alliance	Advocacy	1998	20		Worksheet Booklet

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650.66	Eight Keys to Greatness - How to Unlock Your Hidden Potential	Gene N. Landrum, Ph.D.	Prometheus Books	Self-Assessment	1999	281	ISBN 1-57392-686-8	Character Attributes
650.67	A Couple's Guide to Communication	John Gottman, Cliff Notarius, Jonni Gonso & Howard Markman	Research Press	Communication	1976	220	ISBN 0-87822-127-1	Communication
650.68	The Social Skills Workbook: Exercises to Improve Social Skill	Berthold Berg, Ph.D.	Cognitive Therapeutics	Social Skills	1990	63		Exercise Workbook to Improve Social
650.69	The Feelings Workbook: Develop Skills in Evaluating Emotions	Berthold Berg, Ph.D.	Cognitive Therapeutics	Self Esteem	1992	63		Exercises to Develop Emotional Skills
650.70	Social Skills Stories: Assessment and Intervention	Berthold Berg, Ph.D.	Cognitive Therapeutics	Social Skills	1992	69		Workbook on Social Skills
650.71	Social Skills Game	Berthold Berg, Ph.D.	Cognitive Therapeutics	Social Skills	1989	0		Social Skills Board Game
650.72	Feelings Game	Berthold Berg, Ph.D.	Cognitive Therapeutics	Self Esteem	1990	0		Self Esteem Board Game
650.73	Life Skills for Teens	Susanna Palomares & Dianne Schilling	Innerchoice Publishing Company	Social Skills	1994	20	ISBN 1-564990249	Life Skills Worksheets for Teens
650.74	Fighting Invisible Tigers: A Stress Management Guide	Earl Hipp	Free Spirit Publishing	Stress Management	1995	153	ISBN 0-915793-806	Stress Management
650.75	Stick Up for Yourself! Every Kid's Guide to Personal Power	Gershen Kaufman, Ph.D., Lev Raphael, Ph.D., Pamela Espeland	Free Spirit Publishing	Self-Esteem	1999	117	ISBN 1-575420686	Guide to Personal Power & Self-Esteem
650.76	A Special Kind of Hero	Chris Burke & Jo Beth Mcdaniel	A Life Story	Life	1965	248	ISBN 0-385-41645-8	Telling His Story
650.77	Talk with Teens about Self and Stress	Jean Sunde Peterson	Free Spirit Publishing	Self-Esteem	1993	181	ISBN 0-915793-555	Guide to Self and Stress for Teens
650.78	Talk With Teens About Feelings, Family, Relationships	Jean Sunde Peterson	Free Spirit Publishing	Emotions	1995	203	ISBN 0-915793-881	Guide for Teens about Relationships &
650.79	What's Stopping You? Living Successfully with Disability	Mark Nagler, Ph.D., & Adam Nagler	Stoddart Publishing Co., Ltd.	Lifestyles	1999	336	ISBN 0-7737-6027X	Overcoming Disability

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650.80	My Life Portfolio: A Planning Guide and Practical Workbook	Gail Thornton	Ontario Federation for Cerebral Palsy	Lifestyles	1999	36	ISBN	Workbook & Guide for People with Disabilities
650.81	Building a Positive Self-Concept: 113 Activities for Adolescents	Marjorie Jacobs, Blossom Turk & Elizabeth Horn	J. Weston Walch	Self-Concept	1997	126	ISBN 0-8251-28648	Self-Concept Activities for Adolescents
650.82	Who I Am and Who I Want to Be	E. Richard Churchill & Linda R. Churchill	J. Weston Walch	Self-Concept	1992	161	ISBN 0-8251-22112	Self-Directing Worktext
650.83	Fast Forward: A Self-esteem Program for Students	Mary J. Doody & Janet M. Dick	J. Weston Walch	Self-Esteem	1990	152	ISBN 0-8251-17283	Self-Esteem Activity Book for
650.84	Fast Forward: A Self-esteem Program, Teacher Edition	Mary J. Doody & Janet M. Dick	J. Weston Walch	Self-Esteem	1990	152	ISBN 0-17291741	Self-Esteem Handbook for Teachers
650.85	Things to Know about Spending and Saving Money	Richard S. Kimball	J. Weston Walch Publisher	Budgeting	1998	74	ISBN 0-8251-38302	Budgeting Workbook
650.86	Marriage and Disability	Betty Garee & Raymond Cheever	Cheever Publishing	Marriage	1992	80	ISBN 0-915708-345	
650.87	Daring to Live: Personal Journeys of Courage and Triumph	Louise & R. William Miller with Dianne Dalley, Lisa Fiander	Spinal Cord Injury Treatment Centre		1999	172	ISBN 0-968639208	Compilation of True Stories
650.88	Signing for Kids	Mickey Flodin	Berkley Publishing	Sign Language	1991	142	ISBN 0-399-51672-7	Workbook for Sign Language
650.89	Aids to Independent Living	Government of Canada	Ministry of Supply &	Assistive Devices	2004	121	SDDP-013-03-95E	Assistive Devices reference book
650.90	Self-Help Clothing for Children who have Physical Disabilities	Eleanor Boettke Hotte	National Easter Seal Society	Clothing	1979	64		Self-Help Book
650.91	So... You're Considering Power Mobility	Gennie Galka & Tanya Lombard	Iowa's University Hospital School	Power Mobility	1994	14		Power Mobility Choices
650.92	Chicken Soup for the Kid's Soul	Jack Canfield, Mark Victor Hansen, Patty Hansen & Irene Dunlap	Health Communications Inc.	Relationships	1998	398	ISBN 1-55874-609-9	Self-Help Book
650.93	Home Safe Home: Violence Against Women with Disabilities	Judith Moses	Ontario Network of Independent Living Centres	Violence & Abuse	1999	51		Abusive Living Conditions
650.95	Guide Dogs	Jill Coleman	Service Pets	Service Pets	1986	25	ISBN 0-7136-2815-4	Helpful Services for People in Need

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650.96	Deaf Like Me	Thomas S. Spradley & James P. Spradley	Gallaudet University Press	Deafness	1978	285	ISBN 0-930323-11-4	Treating People Normal
650.97	Everybody Belongs	Arthur Shapiro	RoutledgeFalmer	Awareness	1999	551	ISBN 0-8153-3960-7	Guidance-Mainstreaming Children w/Disabilities
650.98	Silver Linings: Triumphs of the Chronically and Physically Challenged	Shaena Engle	Prometheus Books	Lifestyles	1997	270	ISBN 1-573921718	Triumphs of Chronically Ill/Physically Challenged
650.99	The 7 Habits of Highly Effective People-Powerful Lessons in Personal Change	Stephen R. Covey	Simon & Schuster	Lifestyles	1989	360	ISBN 0-671-70863-5	Personal Empowerment
651.00	The Adult Resource Book: A Guide for Learning Disabled	Learning Disabilities Association (LDA)	LDA	Learning	1996	55		Learning Disabilities
651.01	I'm Making it Happen-Skill and Activities to Prepare for Life after High School	Bloorview MacMillan Centre	Bloorview MacMillan Centre	Transitions	2001	77		Transitions to Adulthood
651.02	Making a Difference - Profiles in Abilities	Daryl Rock	Canadian Abilities	Profiles	2001	328	ISBN 0-96811206-4	Profiles on People with Disabilities
651.03	Caregivers & Personal Assistants-How to Find, Hire & Manage the People Who Help	Alfred H. DeGraff	Saratoga Access Publications	Attendant Services	2002	508	ISBN 0-96211061-2	Attendant Services Tips
651.04	On My Own!							
651.05	What's Really Worth Doing & How to Do It-A Book for People Who Love Someone Disabled & From Behind The Piano	Judith A. Snow & Jack Pearpoint	Inclusion Press	Transitions	1998	223	ISBN 1-895418-38-0	Circles of Friends
651.06	Talking About Body Image, Identity, Disability and Difference-A Facilitator's	C. Rice, L. Renooy, H. Zitzelberger, A. Aubin & F. Odette	AboutFace International	Body Image	2003	88		Body Image
651.07	Preparing for Adulthood	Sharon Avey Morrison & Bonnie Druxerman	Bloorview MacMillan Centre-Spina Bifida/Spinal	Transitions	1999	103		Transitions to Adulthood

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651.08	Person-Centered Planning with MAPS & PATHS-A Workbook for Facilitators	John O'Brien & Jack Pearpoint	Inclusion Press	MAPS & PATHS	2002	58	ISBN 1-895418-46-1	Person Centered Planning workbook
651.09	Independent Living-Make it Happen	Association for Spina Bifida & Hydrocephalus	ASBAH	Independent Living	2003	47		Independent Living Kit
651.10	Implementing Person-Centered Planning-Voices of Experience	John O'Brien & Jack Pearpoint	Inclusion Press	Person Centered Planning	2002	396	ISBN 1-895418-50-X	Person Centered Planning
651.11	One Candle Power-Seven Principles that Enhance Lives of People with Disabilities & their Communities	Cathy Ludlum	Inclusion Press	MAPS & PATHS	2002	205	ISBN 1-895418-48-8	Person Centered Planning
651.12	Direct Funding General Information: Self-Manage your Attendant Services	CILT	CILT	Direct Funding	2000	8	ISBN 1-895676-39-8	Direct Funding for attendant services
651.13	Life Skills Activities for Secondary Students with Special Needs	Darlene Mannix	John Wiley & Sons, Inc.	Life Skills	1995	524	ISBN 0-7879-6620-7	Life Skills Worksheets for Teens
651.14	Fire Safety for People with Disabilities	Betty Dion Enterprises Ltd.	Canadian Paraplegic Association National Office	Fire Safety	2004	67		Fire Safety
651.15	Ageing with a Lifelong Disability-A Guide to Practice, Program & Policy Issues for Human Services Professionals	Christine Bigby	Jessica Kingsley Publishers Ltd.	Ageing	2004	319	ISBN 1-84310-077-0	Ageing with a Disability
651.16	After Disability-A Guide to Getting on with Life	Lisa Bendall	Key Porter Books	Disability	2006	176	ISBN 1-55263-747-6	Disability resources
651.17	Transition to Independence-Taking Charge	Children's Hospital of Pittsburgh & University of Pittsburgh Medical Centre	Children's Hospital of Pittsburgh	Transitions	2004	31		Transitions to Adulthood
651.18	The Personal Care Attendant Guide-The Art of Finding, Keeping or Being One	Kate Rodriguez Banister	Demos Medical Publishing	Attendant Care	2007	145	ISBN 932603-28-X	Attendant Services Tips

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651.19	Life Planning for Adults with Developmental Disabilities-A guide for Parents & Family Members	Judith Greenbaum	New Harbinger Publications	Life Planning	2007	199	ISBN 10: 1-57224-451-8	Life Planning Tips
651.20	Working Like Dogs-The Service Dog Guidebook	Marcie Davis & Melissa Bunnell	Alpine Publications	Service Animals	2007	117	ISBN 1-57779-083-3	Service Dog Guidebook
651.21	Pathways to Inclusion-Building a New Story with People & Communities	John Lord & Peggy Hutchison	Captus Press Inc.	Inclusion	2007	263	ISBN 978-1-55322-165-4	Perspectives on disability
651.22	Nurturing Assistance-A Guide to Providing Physical Assistance for Parents with Disabilities	Heather Stonehouse	Centre for Independent Living Toronto	Nurturing Assistance	2002	134	ISBN 1-895676-42-8	Parenting with a disability
651.23	Self-Advocacy Handbook	Canadian Paraplegic Association	Canadian Paraplegic Association	Self-Advocacy	2007	40	ISBN 1-894732-13-8	handbook on self-advocacy
651.24	Self-Advocacy Training Program	Canadian Paraplegic Association	Canadian Paraplegic Association	Self-Advocacy	2007	64	ISBN 1-894732-12-X	training guide on self-advocacy
651.25	Emergency Preparedness Guide for People with Disabilities/Special Needs	Government of Ontario's Emergency Management Ontario & Accessibility Directorate of Ontario	Queen's Printer for Ontario	Emergency Planning	2007	22	ISBN 978-1-4249-2380-9	emergency planning
651.26	Waist-High In The World: A Life Among the Nondisabled	Nancy Mairs	Beacon Press	Inclusion	1996	212	ISBN 0-8070-7087-4	Understanding of the human
651.27	Black Bird Fly Away: Disabled in an Able-Bodied World	Hugh Gregory Gallagher	Vandamere Press	Biography	1998	276	ISBN 0-918339-44-8	about his life post polio
651.28	A Guide Related to: Support Workers, and your Individual with Exceptionalities	Janice I. Adams	Family Support & Resource Network	Support Workers	2001	51		Guide to finding and working with support workers
651.29	Life on Wheels-The A to Z Guide to Living Fully with Mobility Issues	Gary Karp	Demos Medical Publishing	Mobility	2009	477	ISBN-13:978-1-9326033-3-0	Guide to mobility

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651.30	The 411 on Disability Disclosure A Workbook for Youth with Disabilities	National Collaborative on Workforce & Disability for Youth	National Collaborative on Workforce & Disability for	Disability Awareness	2005	65		Disability Disclosure Information
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